

Clay County Local Advisory Council for Children's Mental Health

Thursday, February 6th, 2025, 8:30 am – 10:00 am

Family Service Center, 715 11th St N. Room 4

"To promote an accessible, comprehensive and unified children's mental health system within Clay County."

Members Present: Joni, The Village; Michelle, Clay County Social Services (CCSS); Lacey, Clay CCSS; Tanner, CCSS; Madeline, Access; Kylie, LMHC intern; Alyssa LMHC; Jeremy, LMHC; Michelle, LMHC; Commissioner Paul Krabbenhoft; Megan, Barnesville schools; Ashley, Solutions intern; Tanner, Solutions; Brittany, Solutions; Nicole, Solutions; Josh, Juvenile Detention Center, Mason, Youth Works

Approval of December meeting minutes

- Motion: Michelle
- Second: Paul
 - o Approved by all

Treasurer's Report: \$5,571.28

New Business:

- Updates on Consumer/Provider Survey
 - o Madeline & Michelle met to discuss how we can further improve the survey and interpret the data to be able to compare the last 2 years of data.
 - o Madeline will propose her edits to both surveys and send them to Michelle.
 - o Commissioners are looking for a high-level report of the information obtained.
 - The details are more useful for this group.
 - o Question – at what point does responder fatigue set in?
 - Try testing it to see how long it takes so you can market that "this should only take 2 minutes of your time."
- Disbursement of survey:
 - o Is there a DGF newspaper/mailer that goes out?
 - o Are there any online Facebook groups we could post the QR code?
 - o Can we pay to get the QR code in KIDsource?
 - KIDsource is a monthly full-color publication sent home with all Moorhead K-6 students at the beginning of each month during the school year. Approximately 4,500 copies are printed each issue and issues are distributed digitally through the district app, website, school newsletters and directly to families' email inbox. KIDsource is also housed on our website for easy access. Ads placed in KIDsource must be promoting an event, activity or opportunity for kids. Contact 218-284-3319 for more details.
 - Pricing for Kids Source:

AD SIZE	AD DIMENSIONS	PER ISSUE	ALL ISSUES (10)
1/4 inside page	3.75" w x 5.125" h	\$95	\$855
1/2 inside page	3.75" h x 10.25" h or 8" w x 5.125" h	\$150	\$1,350
Full inside page	8.5" w x 11" h	\$240	\$2,160
Full back page	8.5" w x 11" h	\$255	\$2,295

- Logo review
 - o Email votes that were submitted resulted in a tie, so members did a second vote today.

Agency/Consumer Reports: The group shared successes & struggles within their agencies

Clay County Child Protection:

- Successes: fully staffed team, continue working on getting all staff through Motivational Interviewing training and certification.
- Struggles: seeing a lot of runaway kids with very concerned and worried parents. Continuing having difficulty placing children in residential facilities when they're needed; West Central has been extremely helpful as a safe option until placements can be attained.

Solutions:

- Successes: 30 kids on waitlist for Children's Case Management, working on adding more CM's to the team to meet the needs. CTSS family skills waitlist is long right now as well. Participating in Giving Hearts Day. The SLMH grant provides services to under or non-insured kids and is a faster portal to get kids access to services in the Moorhead elementary schools.
- Struggles: access to services, funding for client's basic needs, need more fully licensed professionals who can serve all insurances. Hiring for CTSS skills positions is difficult due to the State's requirements

West Central Juvenile Center:

- Successes: strong community relationships and partnerships that support youth while in services at WCJC and aid in a smooth transition back to the community.
- Struggles: keeping qualified direct care staff, increasing complexity of youth coming to the facility.

Barnesville Schools:

- Successes: started the Sources of Strength program last year to aid in suicide prevention and overall health and well-being of youth. Stronger participation this year from students.
- Struggles: need for more resources and staff to support the student body.

Access of the Red River Valley:

- Successes: starting a pilot social skills group for current Access clients today.
- Struggles: need for more resources.

LMHC:

- Successes: school-based programs are strong in local and rural schools and more involvement with schools' personnel which expedites mental health services. Seeing more kids graduate, attribute that to mh services that are being offered in the schools.
- Struggles: referrals from clients with complicated living situations – have services in Clay County but parent resides in Fargo/ND. Parents who won't sign their child into services despite the child wanting to engage.

Youth Leadership Council:

- Successes: Foster Child Youth Day on the Hill is on March 3, 2025 – lead by past and current foster kids who advocate for change in the foster care system. Posters were distributed to group members to share information about the group and their activities.
- Struggles: more runaways, higher acuity of need, high CASII scores (5 and 6) which limit residential treatment options. Denial reasons for not getting into some residential placements are stricter further limiting options within our state for treatment. It is becoming harder and harder to place kids when it's needed.

The Village:

- Successes: strong relationships with local universities to offer internships that can lead to employment. Participating in Giving Hearts Day.
- Struggles: need for more fully licensed providers, generational mental health challenges, more complex trauma presented by youth; hiring in-home staff

Clay County Commissioners:

- Successes: Our Juvenile Center is known by many across the state for the incredible work they are doing for youth.
- Struggles: sending youth out of state because we don't have the needed resources (PRTF). Tobacco ordinance in Moorhead prohibiting flavored vapes and tobacco passed but now it's at risk of being recalled.

Next meeting: March 6, 2024, 8:30am at Clay County Social Services Room 4.

Agenda items:

- Who Do You Call brochure? – update/change/QR code?
- Website – update/add mental health resources or active agencies? QR code?
- Update on taskforce for purchasing marketing materials
- Survey (finalize, QR code, where/how to distribute)

Meeting called to order: 8:32 am

Meeting adjourned at: 9:46 am

Minutes submitted by Joni Medenwald

Link to MN LAC Guidebook: https://mn.gov/dhs/assets/lac-guidebook_tcm1053-386047.pdf